



Health Through Expert
Food & Nutrition Advice

DIETITIAN REFERRAL DIRECTORY



Name	Practice	Location	Phone	Fax	Specialty Areas	Insurance
Jamie, Jarvis, RD, LD	Hy-Vee	4545 S Noland Road Independence, MO 64055	816-478-7090	816-478-5649		Cigna, United Health Care, Medicare, Coventry, Blue Cross Blue Shield, Aetna
Kristi, Thaete, MS, RD, LD, CNSC	Children's Mercy Nutrition Services Department	2401 Gillham Road Kansas City, MO 64108	816-234-3468	816-302-9857	Pediatrics. We see patients for Nutrition Counseling at 3 sites in MO and 2 sites in KS	
Megan, Shamleffer, MS, RD, LD	Gladstone Hy-Vee	7117 N Prospect Gladstone, MO 64119	816-452-6500	888-972-9143	Diabetes, Digestive Health (GERD, constipation, bloating, IBS...), Heart Health and Weight Loss/Management	Medicare and Cigna
Bethany, Frazier, MS, RD, LDN	The Kansas City Dietitian	755 Berry Street Gardner, KS 66030	816-695-8245	844-692-5186	General Nutrition, Weight Loss	
Nancy, Donahey, RD, LD, CDE	Diabetes Education Center	Lawrence Memorial Hospital 325 Maine St. Lawrence, KS 66044	785-505-3049	785-505-2851	Diabetes	
Kylene, Etzel, RD, LD	Clinton Parkway Hy-Vee	3504 Clinton Parkway Lawrence, KS 66047	785-832-0044	1-888-972-9143 (+QR code)		
Staci, Hendrickson, RDN, LD	Staci Hendrickson	4930 Overland Drive Lawrence, KS 66049	785-760-4501	785-727-1805	Eating Disorders, Weight Management, Pediatrics	Cigna
Mary Jo, Mason, RD, LD	Hy-Vee, Inc.	4000 W. 6th Street Lawrence, KS 66049	785-832-9449	785-832-2342		Medicare, Cigna
Karen, Hanson, RDN, LD, EP-C	Hy-Vee Inc.	18101 W. 119th St. Olathe, KS 66061	913-393-4150	913-393-3211		
Adrienne Moore, Baxter, MS, RDN, LD licensed in KS & MO	Food Talk Nutrition Consulting	1033 South Lindenwood Drive Olathe, KS 66062-2333	913-579-8692	913-322-8286	Behavioral Health Nutrition other than anorexia nervosa	Blue Cross Blue Shield of Kansas City; Coventry
Linda, Eisenhart, RDN, LD	Longview Nutrition Services, LLC	17685 West 155th Terrace Olathe, KS 66062	913-449-2361	913-712-9812	Geriatrics, Diabetes, Weight management, Kidney, Cholesterol	Medicare, BCBS, others pending
Felicia, Steger, MS, RD	KU Weight Management Program	University of Kansas Medical Center 3901 Rainbow Blvd Kansas City, KS 66160	913-945-8182	913-945-8280	Weight Management	All
Patricia, Ruck, RDN, CSG, LD	Geriatric Nutrition	6310 W 67th Street Overland Park, KS 66202	913-384-5943	913-383-2008	Geriatrics	

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Shelly, Buehler, RD, LD, CDE	Shawnee Mission Medical Center	9100 W. 74th St. Shawnee Mission, KS 66204	913-676-2495	913-676-2511		
Barbara, Marsh, MS, RD, LD, CDE	Shawnee Mission Medical Center Nutrition Clinic	9100 W. 74th Street Shawnee Mission, KS 66204	913.676.2495	913-676-2511	Diabetes, Weight Reduction	
Paige, Penick, RDN, LD, CLT		6709 W 119th St #207 Overland Park, KS 66209	818-267-9521	913-364-1360	Inflammation and Food Sensitivities, Migraines, IBS, Fibromyalgia, Weight Management, Diet and Nutrition, Wellness Counseling, Behavior Modification, Emotional Wellbeing	
Roni, Roth Beshears, EdD, RDN	Nutrition Associates, LLC	5001 West 131st. Terrace Leawood, KS 66209	913-707-6611	913-681-2124	Coaching	None
Laura, Southwick, BS, RDN, LD	Wellness Promotion	13236 Granada Rd Leawood, KS 66209	913-620-6221	913-685-0008	Wellness, Weight Loss, Diabetes/Heart Disease Management	I provide a receipt for services provided which the client can submit to their insurance for reimbursement
Kathi, Bjerg, RDN, LD	InSight Counseling	8400 W. 110th St. Suite 610 Overland Park, KS 66210	913-631-3800, ext. 103	913-948-7317	Binge Eating Disorder	None
Rebecca, McConville, MS, RDN, LDN, CSSD	Rebecca McConville Inc.	8400 W. 110th St, Suite 610 Overland Park, KS 66210	816-804-6599	913-948-7317	Sports performance, Eating disorders	None

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Laura, Cates, RD, LD	Lenexa Hy-Vee	13400 W. 87th Street Parkway Lenexa, KS 66215	913-438-8308	888-972-9143	DISH Meal Prep Workshops, Store Tours, Biometric Screenings, Corporate Health Fairs, Generalized Nutrition Education (referral not necessary), Medical Nutrition Therapy (referral necessary), Begin™ 10-Week Healthy Lifestyle & Weight Management Program	
Kelly, Schrock, MBA, RD, LD	Apple RD	9411 Falcon Ridge Drive Lenexa, KS 66220	913-706-0373	1-866-990-8501	Diabetes, Renal, General Nutrition and Weight Loss	Medicare, Cigna
Anna, Binder, RD, LD, CLT	Rethink Nutrition, LLC	322 Houston St. Ste. 109 Manhattan, KS 66502	785-338-8938	785-338-8840	Weight Management, Food Allergies/Sensitivities, GI conditions, Pediatrics, and Chronic Disease Management	Medicare, Medicaid (KanCare), BCBS of KS, Aetna, UHC, Cigna
Kylie, Hanson, MS, RD, LD	Rethink Nutrition, LLC	322 Houston St. Ste. 109 Manhattan, KS 66502	785-338-8938	785-338-8840	Sports Nutrition, Cardiac Nutrition, Diabetes, Weight Management	Medicare, Medicaid (KanCare), BCBS of KS, Aetna, UHC, Cigna
Almaz, Rufael, MS, RDN, LD, CNSC	Via-Christi Manhattan	1823 College Ave Manhattan, KS 66502	785-776-2885	785-565-4742	Adult Malnutrition, Nutrition Support, TPN & TF	All insurance
Teresa, Sanborn, RDN, LD	Via-Christi Manhattan	1105 Sunset Ave & 1823 College Ave Manhattan, KS 66502	785-587-4266	785-587-5496	Weight Loss/Bariatric Surgery & General Nutrition Counseling	All insurance
Katie, Slagle, MS, LD, CNSC	Via-Christi Manhattan Diabetes Center	1105 Sunset Ave. Manhattan, KS 66502	785-587-5481	785-587-4288		All insurance
Leah, Heinen, RD, LD	Nemaha Valley Community Hospital	1600 Community Drive Seneca, KS 66538	785-336-6181	785-336-3052		All Insurance
Elaine, Manahan, RD, CDE, CNIS, LDN		PO Box 125 Seneca, KS 66538	480-778-9155	785-336-2014	Endocrinology/Diabetes/Nutrition	

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Barbara, Littrell, RDN, LD, CDE	Cotton-O'Neil Diabetes Learning Center	3520 SW Sixth Ave. Topeka, KS 66606	785-368-0416	785-368-0410	Diabetes Management	
Cheryl, Mussatto, MS, RD, LD	Cotton O'Neil Diabetes and Endocrinology Center	3520 SW 6th Ave. Topeka, KS 66606	785-368-0416	785-368-0410	Prediabetes, Diabetes, Weight Loss, Maternal, Infant and Childhood Nutrition, Heart Health	All insurance providers - BC/BS, Medicare, Medicaid/Kancare
Mary Alice , Scheer, MS, RDN, LD, CDE	Cotton O'Neil Diabetes & Endocrinology Center	3520 SW 6th Ave Topeka, KS 66606	785-368-0416	786-354-0410	Diabetes, Pre-diabetes, Pediatric Endocrinology, Weight Management- adults and pediatric	All insurance providers/BCBS; Medicare & Medicaid/Kancare
Amber, Groeling, RD, LD	Hy-Vee	2951 SW Wanamaker Rd. Topeka, KS 66614	785-272-1763	785-271-4453	Weight loss, IBS, Heart Disease, Meal Planning, Healthy Shopping, Low Sodium	Will provide a superbill for the patient to submit the claim
Alyce , Logsdon, RDN, LD	Susan B. Allen Memorial Hospital	720 West Central El Dorado, KS 67042	316-321-8715	316-322-4597	Diabetes, Cardiac, Weight Management	All
Jeanice, Shimon, RD, LD	William Newton Hospital	1300 E Fifth Ave Winfield , KS 67156	620-221-2300 Ex. 129	620-221-7425	Diabetes, Weight Management, Cardiac and additional services on request	Contact for information
Charlotte, Buchanan , RD, CNSC, LD	KU Wichita Pediatrics, Genetic Services	620 N. Carriage Parkway Wichita, KS 67208	316-305-6763 or 316-962-7386	316-962-3132	Metabolic Dietitian	
Sheryll, Clarke, MS, RD, LD	Via Christi Clinic	3311 E. Mudock Wichita , KS 67208	316-274-8251	316-274-8905	Diabetes, Weight Loss, Pediatric, Celiac, IBD and general nutrition	All insurance
Erica, Graham , MS, RD, LDN		550 N Hillside Wichita, KS 67208	316-962-7069	316-858-8999	Oncology, Pediatrics, Cardiac Rehab	
Cassandra, Bumsted, RDN, LD	Healthy Green Nutrition	1660 N. Tyler Wichita, KS 67212	316-252-1154 ext. 103	316-634-3789	Pediatric Nutrition, FTT, Food Allergies, GI concerns, Tube Feedings, Special Care Needs	All Insurances
Gretchen, Strathe, RD, LD	West Wichita Family Physicians, P.A.	8200 West Central, Suite 1 Wichita, KS 67212	316-491-6421	316-721-0755	Patients with PCP at WWFP only.	All insurance

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Heidi , Wells, RD, LD	Healthy Green Nutrition, LLC	1660 N. Tyler Rd, Ste M. Wichita, KS 67212	316-252-1154	316-634-3789	Sports Nutrition, Eating Disorders, Weight Management, Metabolic testing, Media, Speaking	Accepts most insurance
Diane, Greenleaf-Kisner , MS, RDN, LD, CDE	Healthy Green Nutrition LLC	1660 N Tyler Suite M Wichita, KS 67226	316-252-1154	316-634-3789	Diabetes, Weight Loss, Food Allergies, Heart Health	Accepts most insurance
Traci, Bolin, RDN, LD	Traci Bolin RDN LD LLC	14218 W Bluegrass Ct Wichita, KS 67235	316-312-6388	316-773-5159	Weight Loss, Health and Wellness, Nutrition Guidance for Disease Management	Medicare
Elaine, Hudson, RD, LD	Labette Health	1902 S Highway 59 Parsons, KS 67357	620-820-5482	620-820-5476	Diabetes, Weight Reduction, Cardiac	All insurance
Crystal, Bertrand, RD, LD, CDE	COMCARE	617 E. Elm St. Salina, KS 67401	785-452-3244	785-825-0644	Diabetes, Obesity and Weight Management, Cardiovascular Disease, Corporate Wellness	Most all insurances accepted
Sandi, Martens, MS, RD, LD, CDE	COMCARE	617 E. Elm Salina, KS 67401	785-452-3244	785-309-2314	Diabetes, Pump therapy, CGM, Cardiovascular disease & Corporate wellness	All
Sheri, Jonsson, MS, RDN, LDN	Ellsworth County Medical Center	1604 Aylward Ave. PO Box 87 Ellsworth, KS 67455	785-810-1177 ext. 372	785-472-3739	Diabetes and Weight Management	All but Medicaid
Suzanne, Fleming, RD, LD	McPherson Hospital	1000 Hospital Drive McPherson, KS 67460	620-241-2251, ext 179	620-798-2609	Diabetes, Weight Management, GI, CVD	Bill for all insurances, and those who qualify whose insurance doesn't cover MNT may apply for financial assistance
Linda, Yarrow, PhD, RD, LD, CDE	Clay County Medical Center	617 Liberty Clay Center, KS 67487	785-632-2144	785-632-3352	Diabetes, CVD, Weight Management	All
Belinda, Kasper, MS, RD, LD	Practice-Dietary Services, LLC	136 8th. Rd. Wilson, KS 67490	785-658-2276	785 658 2597	Diabetes, Wt. Loss, Oncology	All insurance

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Kayla, King, RD,LD	King Nutrition Services	7305 N. Madison Hutchinson, KS 67502	620-200-1941	855-626-1324	Weight Management, Diabetes, Kidney Ds, IBS, Celiac Ds, Crohn's Ds, Cardiovascular, Geriatrics, Mindful Eating, Meal planning,Tube feedings, Biometric screenings	United Health Care/Oxford, Blue Cross Blue Shield of KS, Health Partners of KS, Cigna, Aetna, Medicare
Alissa, Ogburn, RD, CLT, LD	Nutrition That's Right For You, LLC	1700 North Monroe Hutchinson, KS 67502	620-664-3749	866-206-2301		
Danielle, Suderman, RD, CDE	Hutchinson Clinic	2101 North Waldron Hutchinson, KS 67502	620-694-4096	620-669-2753		
Kirsten, Angell, RD, LD, CDE	Link 4 Nutrition/Link 4 Diabetes	PO Box 45 Ellis, KS 67637	785-410-3599	785-726-2449	Diabetes, Weight Management	Medicare, Medicaid (KanCare), BCBSKS, American Specialty Health, Cigna, Health Partners of KS (see CAQH)
Courtney, McCarty, RDN, LD, CDE		100 E. College Dr Colby, KS 67701	785-460-1237	785-601206	Diabetes	
Sarah, Linton, RD, LD, CDE	Goodland Regional Medical Center	220 W. 2nd Goodland, KS 67735	785-890-6044	785-890-6077	Diabetes, Dialysis	
Susan, Ashida- Anderson, RD, LD	Bob Wilson Memorial Grant County Hospital	415 N. Main Street Ulysses, KS 67880	620-356-3067	620-356-2302		All