



## **Kansas Registered Dietitian Nutritionists (RDNs): Optimizing the Public's Health through Food and Nutrition**

### **RDNs impact lives by:**

- Providing science-based food and nutrition services.
- Translating food and nutrition science into practical solutions for healthy living.
- Empowering the public to adopt these practical solutions for a healthy life.

### **RDNs are diverse:**

- Over 700 RDNs practice across the state of Kansas.
- Areas of practice include clinical nutrition, food service, public health and community nutrition, school nutrition, non-profit agencies, private business, business and clinical consulting, higher education, research, media, sports nutrition, and private practice.
- Kansas Academy of Nutrition and Dietetics is an affiliate of the Academy of Nutrition and Dietetics.

### **RDNs are experts:**

- Dietetic training is extensive combining academic preparation with hands-on experience.
- RDNs complete a minimum of a bachelor's degree, participate in a 1200-hour, accredited supervised practice program and pass a national registration exam. Approximately 50% of RDNs hold advanced degrees.
- Some RDNs hold additional board certifications in specialized areas of practice, such as Gerontological Nutrition (CSG), Pediatric Nutrition (CSP), Renal Nutrition (CSR), Sports Dietetics (CSSD), Oncology Nutrition (CSO), Diabetes Education (CDE), and Nutrition Support (CNSC).
- Practicing RDNs complete required continuing education to maintain their credentials and stay current on medical research and standards of practice.
- Practicing RDNs are also licensed in the State of Kansas.