



WDA News

Wichita Dietetic Association Newsletter

Fall 2016

Wichita Dietetic Association— Welcoming Dietitians in District 4 which includes: Barber, Butler, Cowley, Harper, Harvey, Kingman, Pratt, Reno, Sedgwick, Stafford & Sumner counties

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2016-2017 WDA Board

Tammi Krier- President
tamlinnebur@gmail.com

President Elect - Vacant

Charlotte Buchanan- Secretary
buchrd@cox.net

Erica Graham- Treasurer
Erica.graham3@gmail.com

CPI - Vacant

Nominating Committee

Rebekah Kurr
rebekah.kurr@wesleymc.com

Lacey Ireton
laceyjaj@gmail.com

Cassandra Bumsted
cassandrajo@gmail.com

Charlotte Buchanan- Bylaws
buchrd@cox.net

Updates from our Current President:

Tammi L. Krier



The Fall Social on August 11th was a hit with about 20 dietitians in attendance at Ziggy's Pizza. This was a great opportunity to network over some great food!

We had such great turnout and feedback last year that we again plan to provide a Fall and Spring continuing education day, free to all WDA members, details are below for the Fall event.

Thanks to all who have submitted their WDA dues. Please share with colleagues you know about joining WDA. A big change this year is that membership is free for all students and interns. We welcome students and interns to get involved in WDA! We are also working on our membership directory and getting that updated to share with all of you.

Save the Date for the Fall CEU Seminar

When: Thursday, October 20th

Where: Sedgwick County Extension Office

Time: 12pm – 5pm

Cost: Free for all WDA members and \$40 for non-members
Includes lunch and 4 hours of CEU's (pending approval)

Topics:

- Surgical Weight Loss Procedures; Short and Long Term Nutrition Implications
- Speech Language Pathologist Role and Feeding Situations
- Review of New SCCM/ASPEN Guidelines
- Animals and Antibiotic Use



YOUR SKILLS ARE WANTED!

Our **CPI Chair** relocated out of state and is no longer able to perform these duties. This position entails submitting the applications for continuing education approval. Contact Tammi if you are interested in helping with this for the Fall and Spring meetings.

We are also still looking for anyone interested in serving in the **President Elect** position.

Interested in speaking at our spring meeting or have any great idea of topics you want to learn more about? Contact Tammi at tammi.krier@ymcawichita.org



Upcoming Community Happenings:

The Health and Wellness Coalition (HWC) of Wichita's Healthy Eating Subcommittee recently did a campaign for Kids Eat Right Month called #ICTTryDayFriday. Hopefully you saw some of this through various social media routes. It will continue to be something highlighted once a month on Fridays as a way to encourage kids and adults to try a new fruit or vegetable or a familiar one in an unfamiliar way.

You are invited to participate in your home or worksite!

In October, the HWC is reminding folks to think about what they can do to reduce the food they waste in their home through a variety of ways. If interested in learning more or helping in the planning contact Tammi Krier